



Job Description

Position Title:	<u>Mental Health Rehabilitation Specialist</u>	FLSA:	<u>Non-Exempt</u>
Position Reports To:	<u>Program Manager/Supervisor</u>	Salary Range:	<u>\$17.00 to 20.00 Hourly</u>

Summary of Duties:

The MH Rehab Specialist is responsible to facilitate and support clinical/therapeutic interventions and activities, and provide community education, outreach and advocacy for the unmet needs of the Asian and Pacific Islander communities.

Essential Duties and Responsibilities:

1. The MH Rehab Specialist will provide service delivered to one client to assist in improving, maintaining, or restoring the client's functional, daily living, social and leisure, grooming and personal hygiene, or meal preparation skills, or his/her support resources.
2. Psychoeducation to Non-Client, Non-Collateral: Providing services to non-clients, non-collaterals (e.g., school teachers) for the purpose of assisting the client in his/her mental health treatment (e.g., providing consultation or psychoeducation about client's condition, teaching the non-client, non-collateral pers
3. Examples of Interventions:
 - a. Teach clients how to navigate bus route, transfer and take connecting buses, how to pay for bus ride, recognize stops and request bus to stop. Teach client safety measures in order to ensure safety of client when riding bus. Teach client how to navigate to doctor's appt by taking public transportation and calling to request for in-person interpretation and or transportation assist. Rehearse practice calls to doctor's office.
 - b. Reinforce client to use breathing and other relaxation skills taught by therapist. Rehearse and practice breathing skills with client. Teach proper breathing techniques and how to incorporate self-compassion as taught in session by therapist.
 - c. Encourage clt to take medications as prescribed by psychiatrist and PCP. Teach client skills needed to ask physician questions related to her health treatment by role modeling and rehearsing in preparation for meeting with medical providers.
4. Provide referral resources and/or linkage to community services as schools, DPSS, Social Security as required ensuring client success in achieving service goals.
5. Provide culturally and linguistically competent linkage with monolingual or limited English proficient parents of children receiving services.
6. Facilitate in crisis intervention as needed for cultural and linguistic support.
7. Provides accurate and timely documentation of services and activities provided to clients.
8. Translates and disseminate information to designated API communities through newspaper articles, flyers, etc.
9. Maintain a 65% Staff Utilization Rate.

Non-Essential Duties and Responsibilities:

1. The MH Rehab Specialist is responsible for attending and maintaining training and certifications for program specific areas as identified by PACS.

Qualifications and Experience:

1. Master Degree in social work, psychology, or other human service related discipline.
2. Bachelor's Degree in Social Work, Psychology and/or other human services related field **with** four (4) years of work experience mental health setting in fields of physical restoration, social adjustment, or vocational adjustment.
3. Bilingual in English and one of the Asian Pacific Islander languages and/or Spanish
4. Exhibit flexibility and maintain client-centered perspective.
5. Ability to bridge cultural differences and work in diverse ethnic environment.



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6. Have good English verbal and written skills with ability to keyboard and maneuver within computer applications with ease.
7. Be able and willing to travel within Los Angeles County. Maintain reliable means of transportation and able to show proof of vehicle liability insurance.

Above duties and qualifications may be updated without notice due to programs and services requirements.